



### **Prior to your appointment:**

- Please notify us of any change in your child's health. Do not bring your child for treatment with a fever, ear infection or cold. Should your child become ill, contact us to see if it is necessary to postpone the appointment.
- You must tell your dentist about any drugs your child is currently taking and any drug reactions or change in medical history.
- Please dress your child in loose fitting, comfortable clothing.
- Your child should not have milk or solid food after midnight prior to the scheduled procedure and clear liquids ONLY (water, apple juice, Gatorade) for up to 6 hours prior to the appointment.
- The child's parent or legal guardian must remain at the hospital or surgical site waiting room during the complete procedure.

### **After the appointment:**

- Your child will be drowsy and will need to be monitored very closely. Keep your child away from areas of potential harm.
- If your child wants to sleep, place them on their side with their chin up. Wake your child every hour and encourage them to drink to prevent dehydration. At first it is best to give your child sips of clear liquids to prevent nausea. The first meal should be light and easily digestible.
- If your child vomits, help them bend over and turn their head to the side to insure that they do not inhale the vomit.
- Prior to leaving the hospital or outpatient center, you will be given a detailed list of 'Post-Op Instructions' and an emergency contact number if needed.